TRUE TEST

# PEPTIDE







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THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

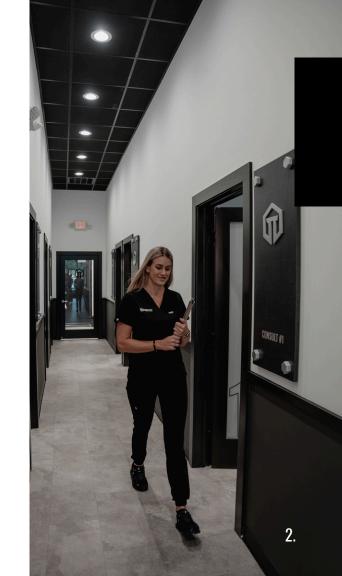
# WHAT ARE PEPTIDES?

**PEPTIDES** ARE SHORT CHAINS OF AMINO ACIDS — THE BUILDING BLOCKS OF PROTEINS — THAT OCCUR NATURALLY IN THE BODY. THEY ACT AS MESSENGER MOLECULES, SENDING SIGNALS TO CELLS TO PERFORM SPECIFIC FUNCTIONS LIKE HEALING, FAT BURNING, HORMONE REGULATION, OR TISSUE REPAIR.

THINK OF THEM AS YOUR BODY'S NATURAL "INSTRUCTION SET" FOR PERFORMANCE, RECOVERY, AND VITALITY. AS WE AGE OR EXPERIENCE STRESS, THE PRODUCTION OF CERTAIN PEPTIDES DECLINES. BY SUPPLEMENTING WITH TARGETED PEPTIDES, WE CAN REACTIVATE THOSE SYSTEMS, SUPPORTING YOUR BODY'S NATURAL ABILITY TO REGENERATE, BALANCE, AND THRIVE.

AT **TRUE TEST**, WE KNOW THERE'S NO ONE-SIZE-FITS-ALL APPROACH TO YOUR HEALTH. REAL RESULTS DON'T COME FROM QUICK FIXES — THEY COME FROM PERSONALIZED CARE, PROVEN SCIENCE, AND A TEAM THAT TRULY LISTENS.

THAT'S WHY WE OFFER A CAREFULLY SELECTED RANGE OF PEPTIDES THAT ARE SAFE, EFFECTIVE, AND DESIGNED TO SUPPORT YOUR GOALS. WHETHER YOU'RE LOOKING TO BURN FAT, RECOVER FASTER, BOOST BRAIN POWER, OR IMPROVE INTIMACY, PEPTIDE THERAPY CAN BE A POWERFUL TOOL TO HELP YOU FEEL AND PERFORM YOUR BEST — FROM THE INSIDE OUT.



# **TESAMORELIN/IPAMORELIN COMBO**

SUPPORTS FAT LOSS, DEEPER SLEEP, AND LEAN MUSCLE BY BOOSTING YOUR BODY'S NATURAL GROWTH HORMONF.

### **OVERVIEW:**

Tesamorelin and Ipamorelin are two synergistic peptides that work together to enhance your body's natural growth hormone production. Tesamorelin, a potent GHRH analog, has been clinically shown to reduce deep abdominal fat. Ipamorelin, a selective GHRP, complements this effect by promoting a stable, sustained release of growth hormone — without unwanted spikes in cortisol or prolactin.

Together, they support fat loss, muscle recovery, and healthy aging in a gentle but effective way.

### **KEY BENEFITS:**

#### Accelerates Fat Loss

Clinically shown to reduce visceral fat and support better body composition.

#### 6 Improves Muscle Recovery & Lean Mass

Supports muscle maintenance and recovery during caloric restriction or training.

#### 😴 Deeper, More Restorative Sleep

Boosts nighttime GH pulses that help with deep sleep and cellular repair.

#### Sharper Cognition & Elevated Mood

Many report increased mental clarity and mood stability.

#### Metabolic Health Optimization

Supports insulin sensitivity and a more efficient metabolism.



#### Q: Is this the same as taking growth hormone?

**A:** No. This peptide combo stimulates your own natural production of GH, making it a safer and more physiologically aligned approach.

#### Q: How quickly will I notice changes?

**A:** Many patients report better sleep and energy within 2–3 weeks. Body composition changes typically appear after 6–8 weeks of consistent use.

#### Q: Is it safe to use long-term?

**A:** Yes. Because it works with your body's hormonal rhythms, it's generally well tolerated and safe with proper clinical oversight.

#### Q: Can this help with aging?

**A:** Yes. Benefits often include improved skin, reduced inflammation, better mood, and recovery—hallmarks of healthy aging.

A POWERFUL YET NATURAL APPROACH TO FAT LOSS, RECOVERY, AND LONG-TERM WELLNESS — DESIGNED TO HELP YOU FEEL LEANER, SLEEP DEEPER, AND AGE BETTER.

# **MOTS-C**

BOOSTS MITOCHONDRIAL FUNCTION, IMPROVES ENERGY, AND HELPS REGULATE METABOLISM FOR FAT LOSS AND CELLULAR RESILIENCE.

### **OVERVIEW:**

MOTS-c is a mitochondrial-derived peptide that plays a key role in how your body converts nutrients into energy. Naturally produced in the cells, it helps regulate metabolism, insulin sensitivity, and fatburning at a cellular level — especially during times of metabolic stress, like calorie restriction or intense training.

Often referred to as a "metabolic master switch," MOTS-c enhances mitochondrial function, increases endurance, and supports healthy aging by helping your body adapt to stress, maintain lean muscle, and improve metabolic flexibility.

### **KEY BENEFITS:**

#### Enhances Energy Production

Improves how your cells generate and use energy — especially under stress or fatigue.

#### Fat Loss & Metabolic Flexibility

Increases fat burning and helps the body shift efficiently between fuel sources.

#### **6** Preserves Muscle While Dieting

Supports lean muscle retention during weight loss or caloric restriction

#### Cellular Resilience & Longevity Support

Activates key pathways linked to anti-aging, mitochondrial health, and stress adaptation.

#### Improves Focus & Endurance

Many users report greater mental clarity and improved stamina in workouts and daily life.

#### Q: How is this different from other fat loss peptides?

**A:** MOTS-c works deep at the mitochondrial level — it doesn't just burn fat, it improves how your cells function. This gives it broader benefits for energy, longevity, and metabolism.

#### Q: Can I take MOTS-c alongside other peptides?

**A:** Yes. MOTS-c pairs well with both fat loss and recovery peptides and is often part of advanced protocols focused on body recomposition or anti-aging.

#### Q: How quickly will I feel results?

**A:** Some patients feel more energy and stamina within the first 1–2 weeks. Fat loss and metabolic changes typically show over 6–8 weeks with consistent use and lifestyle support.

#### Q: Is it safe for long-term use?

**A:** Yes. MOTS-c is generally well tolerated and has been studied for its protective effects against metabolic decline and agerelated disease.





# **SEMAGLUTIDE**

CLINICALLY PROVEN TO SUPPORT SIGNIFICANT WEIGHT LOSS BY REDUCING APPETITE, IMPROVING BLOOD SUGAR CONTROL, AND ENHANCING SATIFTY.

### **OVERVIEW:**

Semaglutide is a GLP-1 receptor agonist originally developed for managing Type 2 diabetes — but its powerful weight loss effects have made it one of the most widely used peptides in modern metabolic health care. It mimics the action of the GLP-1 hormone, which helps regulate appetite, insulin release, and digestion.

By slowing gastric emptying and increasing feelings of fullness, Semaglutide helps reduce caloric intake without the crash dieting or stimulant effects of traditional weight loss methods. It's an ideal option for those struggling with weight loss resistance or metabolic imbalance.

## **KEY BENEFITS:**

#### Appetite Control & Satiety

Reduces hunger and cravings by mimicking natural fullness signals.

#### Clinically Proven Weight Loss

Studies show consistent and sustained weight reduction when paired with lifestyle changes.

#### ♦ Improves Blood Sugar & Insulin Sensitivity

Supports stable glucose levels and healthier insulin response.

# Better Food Relationship & Decision-Making

Patients report less food noise and more mental clarity around eating.

#### 💗 Cardiometabolic Support

May help reduce inflammation and improve markers of cardiovascular risk over time.

# **FAQS**:

#### Q: How is this different from a stimulant fat burner?

**A:** Semaglutide works by regulating appetite and metabolism through natural hormone pathways — not by artificially boosting your energy or heart rate.

#### Q: Do I need to diet while using Semaglutide?

**A:** While it curbs appetite naturally, it works best when paired with sustainable dietary habits and movement.

#### Q: How long can I stay on it?

**A:** Duration is personalized. Many patients stay on for several months or longer under medical supervision to support long-term weight maintenance and metabolic improvements.

#### O: Are there side effects?

**A:** Some may experience mild nausea, especially early on, which typically fades as the body adjusts. Proper dosing and nutrition guidance help minimize this.

# SEMAGLUTIDE HELPS YOU TAKE CONTROL OF HUNGER AND WEIGHT — SO YOU CAN LOSE FAT, GAIN CONFIDENCE, AND BUILD HABITS THAT LAST.

# TIRZEPATIDE

A NEXT-GENERATION PEPTIDE THAT TARGETS TWO KEY HUNGER HORMONES TO DRIVE POWERFUL FAT LOSS, IMPROVED INSULIN SENSITIVITY, AND METABOLIC CONTROL.

### **OVERVIEW:**

Tirzepatide is a dual-action peptide that activates both GLP-1 and GIP receptors — two gut-derived hormones that regulate appetite, insulin, and fat storage. By working on both pathways, Tirzepatide offers enhanced weight loss and blood sugar control beyond what GLP-1 peptides (like Semaglutide) provide alone.

Often described as a breakthrough in obesity and metabolic care, Tirzepatide helps reduce cravings, extend feelings of fullness, and improve the way your body uses carbohydrates and fats — all while supporting healthy, sustainable body recomposition.

### **KEY BENEFITS:**

in insulin-resistant individuals.

inflammatory response.

Significant & Sustained Weight Loss

Dual hormone action delivers superior results compared to GLP-1 alone.

- Reduces Cravings & Increases Fullness
  Targets appetite at the hormonal level for lasting satiety.
- Enhances Fat Burning & Metabolic Function
  Supports healthier energy utilization and weight loss
  without reducing muscle mass
- Cardiometabolic Health Support
  Shown to improve key markers like A1C, cholesterol, and



#### Q: How is this different from Semaglutide?

**A:** Tirzepatide activates two hormone receptors (GLP-1 and GIP), making it more effective for many patients — especially those needing greater appetite control and faster results.

#### Q: Will I feel less hungry right away?

**A:** Many do within the first 1–2 weeks. Satiety continues to improve as your body adjusts.

#### Q: Can this help with diabetes or prediabetes?

**A:** Yes — Tirzepatide improves insulin sensitivity and helps manage blood sugar in patients with metabolic concerns.

#### Q: Is it safe long-term?

**A:** Yes. It has been studied extensively for safety and efficacy in both weight loss and diabetic populations. Always use under clinical supervision.

TIRZEPATIDE OFFERS NEXT-LEVEL WEIGHT LOSS SUPPORT BY TARGETING TWO KEY HORMONES — HELPING YOU CURB CRAVINGS, SUPPORT HEALTHY INSULIN FUNCTION AND ACHIEVE LASTING RESULTS.

# RETATRUTIDE

TRIPLE-ACTION PEPTIDE THAT DELIVERS DRAMATIC FAT LOSS, APPETITE CONTROL, AND METABOLIC HEALTH BY TARGETING GLP-1, GIP, AND GLUCAGON RECEPTORS.

### **OVERVIEW:**

Retatrutide is a cutting-edge triple agonist peptide that targets GLP-1, GIP, and glucagon receptors — three key hormones involved in appetite, metabolism, and fat burning. This unique mechanism delivers unmatched results in weight loss, blood sugar control, and metabolic function.

Early clinical studies have shown greater fat loss than Semaglutide or Tirzepatide, making Retatrutide a promising next-generation solution for patients seeking powerful, multipathway support.

### **KEY BENEFITS:**

Unmatched Fat Loss Potential

Triple-pathway activation leads to superior body fat reduction vs. GLP-1 alone.

- Crushes Cravings & Increases Satiety

  Dramatically reduces appetite and helps eliminate "food noise".
- Finhances Metabolic Rate & Energy Output
  Glucagon receptor activation may increase calorie burn a unique edge over other peptides.
- Supports Focus, Mood, and Motivation Patients often report better clarity, energy, and emotional stability while on protocol.



#### Q: How is Retatrutide different from Tirzepatide?

**A:** While Tirzepatide activates GLP-1 and GIP, Retatrutide adds a third target — the glucagon receptor, which may help increase fat burning and energy expenditure for even greater weight loss and metabolic benefits.

#### Q: Is it safe and FDA-approved?

**A:** Retatrutide is currently in advanced clinical trials and may not yet be widely available. Early data shows a strong safety profile, but it should only be used under medical supervision in clinical or research-based protocols.

#### Q: Can I switch from another peptide?

**A:** Yes. Many patients transition from GLP-1 or dual agonist therapies to Retatrutide if they need stronger appetite control, better metabolic improvements, or have hit a fat loss plateau.

#### Q: What kind of results can I expect?

**A:** Clinical trials have reported 15–24% total body weight loss over time, often with improved energy, focus, and metabolic labs — when combined with professional guidance and lifestyle support.

RETATRUTIDE SURPASSES TIRZEPATIDE AND SEMAGLUTIDE WITH NEXT-LEVEL WEIGHT LOSS SUPPORT BY TARGETING THREE KEY HORMONES GLP-1, GIP, AND GLUCAGON DELIVERING SUPERIOR CRAVING CONTROL, ENHANCED INSULIN FUNCTION, AND TRANSFORMATIVE, LASTING RESULTS.

# CJC-1295 / IPAMORELIN COMBO

STIMULATES NATURAL GROWTH HORMONE RELEASE TO SUPPORT MUSCLE RECOVERY, DEEPER SLEEP, IMPROVED ENERGY, AND HEALTHY AGING.

### **OVERVIEW:**

This powerful peptide duo combines CJC-1295, a Growth Hormone-Releasing Hormone (GHRH) analog, with Ipamorelin, a selective Growth Hormone-Releasing Peptide (GHRP). Together, they stimulate your pituitary gland to naturally produce and release growth hormone in a safe, sustained way.

CJC-1295 increases the amplitude (strength) of GH pulses, while Ipamorelin increases the frequency. This synergy promotes deep recovery, lean muscle support, improved sleep, and cellular repair — all without the unwanted side effects of synthetic HGH.

### **KEY BENEFITS:**

#### **ZZZ** Deeper, More Restorative Sleep

Improves nighttime GH pulses and helps reset your circadian rhythm.

#### **6** Faster Recovery & Lean Muscle Support

Enhances tissue repair and muscle preservation during workouts or injury.

#### Cellular Repair & Anti-Aging Support

Promotes collagen production, reduces inflammation, and supports longevity.

#### → Boosts Energy & Mental Clarity

Patients often report better daytime energy, focus, and mood stability.

## **∀** Natural GH Support Without Suppression

Works with your body's rhythm instead of replacing hormones synthetically.

#### Q: Will this make me build muscle or burn fat like HGH?

**A:** It helps your body release more of its own growth hormone, which supports fat loss and muscle recovery — but it works gradually and safely, not like synthetic HGH.

#### Q: How long does it take to feel the effects?

**A:** Many report better sleep within 1–2 weeks. Recovery and physique improvements typically show over 6–8 weeks.

#### Q: Is this safe for long-term use?

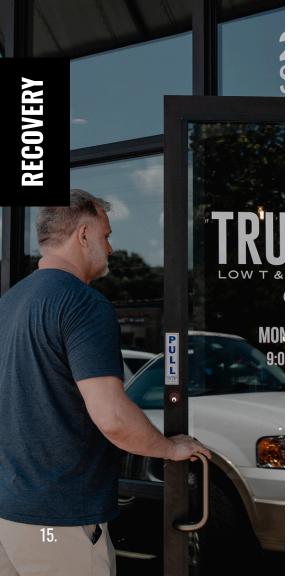
**A:** Yes. Because it supports your body's natural GH rhythms, it's ideal for long-term optimization with medical guidance.

#### Q: Can I take this with other peptides?

**A:** Definitely. It pairs well with both fat loss and repair-focused peptides like BPC-157 or MOTS-c.

CJC-1295 AND IPAMORELIN HELP YOUR BODY HEAL, RECOVER, AND RECHARGE — MAKING IT EASIER TO TRAIN HARDER, SLEEP DEEPER, AND FEEL STRONGER WITH AGE.





# **SERMORELIN**

NATURALLY STIMULATES YOUR BODY'S OWN GROWTH HORMONE TO SUPPORT RECOVERY, SLEEP, FAT LOSS, AND HEALTHY AGING.

### **OVERVIEW:**

Sermorelin is a synthetic version of Growth Hormone-Releasing Hormone (GHRH), designed to help your body restore optimal levels of growth hormone over time. It works by stimulating the pituitary gland — triggering the same natural process your body uses to release growth hormone, especially during deep sleep.

Unlike synthetic HGH, Sermorelin doesn't override your body's rhythm. Instead, it supports a gentle, long-term approach to hormone optimization, helping you feel more energized, youthful, and resilient as you age.

## **KEY BENEFITS:**

#### zzZ Improves Sleep & Recovery

Boosts nighttime GH release, supporting restful sleep and tissue repair.

#### **6** Preserves Lean Muscle Mass

Helps maintain muscle while cutting or during periods of stress or aging.

#### **b** Enhances Fat Metabolism

Supports healthy body composition, especially in midsection fat.

#### 

Stimulates collagen, improves skin texture, and reduces inflammation markers.

# Improves Mood, Energy, and Mental Sharpness

Patients often report better cognitive function and emotional resilience.

# **FAQS**:

#### Q: Is this a form of HGH?

**A:** No. Sermorelin is not growth hormone — it helps your body produce its own GH, naturally and in rhythm with your biological cycles.

#### Q: When will I start to feel results?

**A:** Many notice improved sleep within the first 1–2 weeks. Body composition and energy changes typically occur within 6–12 weeks.

#### Q: How is this different from CJC-1295?

**A:** Both are GHRH analogs. Sermorelin has a shorter half-life, which mimics the body's natural hormone rhythm more closely and is often preferred for first-time peptide users.

#### Q: Is it safe long-term?

**A:** Yes. It works with your body's natural hormone regulation, making it a gentle and sustainable therapy when monitored by a provider.

# SERMORELIN IS A SAFE AND NATURAL WAY TO SUPPORT ENERGY, RECOVERY, AND HEALTHY AGING — BY HELPING YOUR BODY DO WHAT IT WAS DESIGNED TO DO.

# **BPC-157**

PROMOTES RAPID HEALING, REDUCES INFLAMMATION, AND SUPPORTS JOINT, GUT, AND SOFT TISSUE REPAIR.

### **OVERVIEW:**

BPC-157 (Body Protection Compound) is a synthetic peptide derived from a naturally occurring protein in the stomach. It's widely studied for its accelerated healing capabilities — especially in soft tissues like muscles, tendons, ligaments, and the gastrointestinal lining.

Unlike most recovery agents that treat symptoms, BPC-157 works at the cellular level, increasing blood flow and triggering the regeneration of damaged tissue. It's often used by athletes, post-surgical patients, and anyone experiencing chronic joint or gut inflammation.



## **KEY BENEFITS:**

# Accelerates Healing of Soft TissueJoints

Promotes faster repair of tendons, ligaments, muscles, and connective tissue.

#### 🔥 Reduces Inflammation & Pain

Helps calm inflammation in joints, gut, and injuries for faster comfort and recovery.

#### Supports Joint Health & Mobility

Improves collagen organization and tissue integrity for healthier movement.

#### **§** Improves Gut Health

Repairs intestinal lining, aiding conditions like IBS, leaky gut, or digestive inflammation.

# Enhances Post-Surgical or Injury Recovery

Speeds recovery from surgeries, strains, or overuse injuries.

## **FAQS**:

#### Q: What kind of injuries does BPC-157 help with?

**A:** Everything from minor muscle strains and joint pain to chronic tendonitis or post-op healing. It's especially useful for soft tissue repair.

#### Q: How does it help the gut?

**A:** BPC-157 helps rebuild the intestinal lining and reduce inflammation, which can benefit those with digestive issues or gut-related fatigue.

#### Q: Can I combine BPC-157 with other peptides?

**A:** Yes — it pairs well with TB-500 or CJC-1295 for enhanced healing and recovery support.

#### Q: Is this safe for long-term use?

**A:** Yes. It has a strong safety profile and is non-toxic, making it suitable for both short-term injury recovery and long-term gut or joint health.

# BPC-157 HELPS YOUR BODY HEAL FROM THE INSIDE OUT — RESTORING TISSUE, REDUCING INFLAMMATION, AND GETTING YOU BACK TO FULL STRENGTH, FASTER.

# **BPC-157 / TB-500 COMBO**

A POWERFUL HEALING DUO THAT ACCELERATES RECOVERY, REDUCES INFLAMMATION, AND SUPPORTS JOINT. MUSCLE. AND TISSUE REPAIR.

### **OVERVIEW:**

This combo pairs two of the most trusted regenerative peptides: BPC-157, known for its gut and soft tissue healing, and TB-500 (Thymosin Beta-4), a peptide that promotes cell migration, blood vessel growth, and recovery at a systemic level.

Together, they offer a comprehensive repair protocol that works both locally (injured or inflamed areas) and throughout the body. Whether you're bouncing back from an injury, managing chronic joint pain, or recovering from surgery, this combination helps restore mobility, reduce pain, and speed up healing.

### **KEY BENEFITS:**

Accelerates Full-Body Healing

Stimulates cell regeneration, collagen synthesis, and tissue repair systemically.

- Reduces Inflammation & Discomfort
  Soothes inflamed joints, tendons, muscles, and the gut lining.
- 1 Improves Flexibility & Mobility
  Supports improved range of motion and recovery after physical stress.
- Supports Gut and Connective Tissue Health BPC-157 protects the gut lining while TB-500 enhances soft tissue recovery.

#### Q: How is this different from BPC-157 alone?

**A:** TB-500 works on a systemic level, while BPC-157 targets specific tissues (gut, joints, muscles). Together, they provide enhanced, whole-body recovery.

#### Q: How fast does it work?

**A:** Many report noticeable improvements in joint pain, flexibility, and recovery within 1–2 weeks. Deeper tissue healing continues with consistent use.

#### Q: Can I use this combo after surgery?

**A:** Yes — it's commonly used to support surgical recovery, reduce scar formation, and improve healing outcomes. Always consult your provider.

#### Q: Is this safe long-term?

**A:** Yes. Both peptides have strong safety profiles and are commonly used under medical supervision for ongoing recovery and inflammation control.



# **BPC-157 / TB-500 / KPV / GHK-CU COMBO**

A COMPREHENSIVE HEALING AND ANTI-INFLAMMATORY PROTOCOL THAT SUPPORTS TISSUE REPAIR, GUT HEALTH, IMMUNE BALANCE, AND SKIN REGENERATION.

### **OVERVIEW:**

This four-peptide blend is designed for deep, full-body restoration. It combines:

- BPC-157 for targeted soft tissue healing and gut repair
- TB-500 for systemic regeneration, joint and muscle recovery
- KPV a potent anti-inflammatory peptide that helps calm immune over-activation
- GHK-Cu a copper-binding peptide known for promoting skin healing, collagen production, and anti-aging

Together, this combo addresses not only injury recovery but inflammation, immune dysfunction, gut integrity, and skin regeneration — making it one of the most complete healing stacks available.

### **KEY BENEFITS:**

#### Advanced Tissue & Joint Repair

Promotes healing in tendons, ligaments, muscle, and skin with enhanced cell regeneration.

#### **\*\* Full-Body Inflammation Control**

KPV and BPC-157 help modulate inflammatory pathways systemically.

#### The state of the s

Supports digestive tract health, leaky gut repair, and nutrient absorption.

#### Skin Rejuvenation & Collagen Boost

GHK-Cu improves elasticity, texture, and wound healing.

#### **1** Immune Regulation & Recovery

Calms overactive immune responses and promotes balance for those with chronic inflammation

BPC-157 / TB-500 / KPV / GHK-CU COMBO



# Q: What makes this different from the BPC-157 / TB-500 combo?

**A:** This stack adds KPV for enhanced inflammation control and GHK-Cu for skin, collagen, and anti-aging support — making it a total healing protocol.

#### Q: Can it help with gut and skin issues too?

**A:** Yes. BPC-157 supports the gut lining, while KPV reduces gut inflammation. GHK-Cu stimulates collagen and tissue repair, improving skin tone and healing.

#### Q: Is this overkill if I just have joint pain?

**A:** If joint pain is your only concern, the BPC-157 / TB-500 combo may be enough. This advanced stack is best for multi-system healing and longstanding inflammation.

#### Q: Is it safe for long-term use?

**A:** Yes, especially when guided by your medical provider. Each peptide has a strong safety profile when dosed appropriately.

# IGF-1 LR3

PROMOTES LEAN MUSCLE GROWTH, SPEEDS RECOVERY, AND SUPPORTS ANTI-AGING THROUGH ENHANCED CELLULAR GROWTH AND REPAIR.

### **OVERVIEW:**

IGF-1 LR3 is a modified version of insulin-like growth factor-1, a peptide naturally produced in the liver in response to growth hormone. It plays a crucial role in muscle development, cell repair, and regeneration — acting as one of the primary mediators of growth hormone's benefits.

The "LR3" (Long Arg3) version has been altered for a longer half-life and greater bioavailability, making it more potent and effective than naturally occurring IGF-1. It's commonly used to enhance muscle gains, support tissue repair, and improve body composition — particularly in those seeking performance or aesthetic improvement.



## **KEY BENEFITS:**

#### **6** Stimulates Lean Muscle Growth

Increases protein synthesis and muscle cell development.

#### Speeds Recovery After Workouts or Injury

Promotes faster tissue repair, ideal for active individuals or athletes.

#### 

Helps maintain healthy function and structure at the cellular level.

# Improves Fat Metabolism & Body Composition

Encourages muscle gain while supporting fat loss through improved nutrient partitioning.

#### May Support Cognitive and Neurological Health

Emerging research shows potential benefits in brain plasticity and repair.

# **FAQS**:

# Q: How does IGF-1 LR3 differ from growth hormone peptides like CJC/lpamorelin?

**A:** GH peptides stimulate your body to release growth hormone. IGF-1 LR3 is the next step downstream, acting as the hormone that directly causes tissue growth and repair.

#### Q: Is this only for athletes or bodybuilders?

**A:** Not at all — while popular among performance-focused users, IGF-1 LR3 also supports healthy aging, joint repair, and recovery for a broad range of patients.

#### Q: How quickly will I see results?

**A:** Many notice faster recovery and improved training performance within 2–4 weeks. Muscle growth and body composition changes appear over 8–12 weeks with consistent training.

#### Q: Is it safe for long-term use?

**A:** IGF-1 LR3 should be cycled and monitored by a provider. It's effective when used correctly but should be part of a medically guided protocol due to its potent growth-stimulating effects.

IGF-1 LR3 OUTPERFORMS TRADITIONAL GROWTH HORMONE THERAPIES WITH ADVANCED MUSCLE-BUILDING SUPPORT BY AMPLIFYING ANABOLIC EFFECTS, ACCELERATING RECOVERY, AND DELIVERING TRANSFORMATIVE STRENGTH AND TISSUE REPAIR.

IGF-1 LR3

# **SEMAX / SELANK COMBO**

A BRAIN-BOOSTING DUO THAT ENHANCES FOCUS, REDUCES ANXIETY, SHARPENS MEMORY, AND SUPPORTS LONG-TERM COGNITIVE HEALTH.

### **OVERVIEW:**

Semax and Selank are nootropic peptides developed in neuroscience and psychiatric research to promote mental clarity, emotional balance, and neurological resilience. Semax is best known for its ability to increase focus, learning, and neuroplasticity, while Selank is prized for its calming, anxiolytic effects — without sedation.

Together, they work synergistically to boost brain performance while reducing the stress and mental fatigue that often accompany a high-paced lifestyle. Whether you're optimizing for work, recovery, or mental well-being, this combo helps you stay sharp and centered.



## **KEY BENEFITS:**

Improves Focus & Mental Clarity

Helps you stay clear-headed and productive without the crash of stimulants.

# Reduces Anxiety & Stress Response

Selank supports GABA pathways, calming the nervous system naturally.

# Boosts Memory, Learning & Neuroplasticity

Supports better information retention and mental performance.

### Supports Brain Health & Recovery

Promotes blood flow to the brain and helps protect against cognitive decline.

#### **☺** Stabilizes Mood Without Sedation

Improves emotional resilience and stress tolerance while staying alert.

## **FAQS**:

#### Q: Is this like taking Adderall or caffeine?

**A:** Not at all. These peptides enhance focus and reduce anxiety naturally — without the crash, jitteriness, or dependency associated with stimulants.

#### Q: Will it make me sleepy or wired?

**A:** No. Most users report a calm, clear, and balanced focus — not stimulation or sedation.

#### Q: Can I use this daily?

**A:** Yes. Many pas use it during high-stress periods, travel, or work-heavy seasons. Always consult with your provider for long-term protocols.

#### Q: Does it help with recovery from burnout or brain fog?

**A:** Absolutely. It supports brain circulation, neurotransmitter balance, and neuroprotection — all of which can help you bounce back faster

# SEMAX AND SELANK HELP YOU THINK CLEARLY, STAY CALM, AND SHOW UP AS YOUR BEST SELF—MENTALLY SHARP, EMOTIONALLY STEADY, AND NEUROLOGICALLY SUPPORTED.

SEMAX / SELANK COMBO



# NAD+

BOOSTS BRAIN FUNCTION, CELLULAR ENERGY, AND LONGEVITY BY RESTORING ONE OF THE BODY'S MOST VITAL COENZYMES.

## **OVERVIEW:**

NAD+ (Nicotinamide Adenine Dinucleotide) is a critical molecule found in every cell of the body. It helps power your metabolism, repair DNA, and protect against cellular aging. But as we age — or experience chronic stress, poor sleep, or inflammation — NAD+ levels naturally decline.

Supplementing with NAD+ can help restore mitochondrial function, improve cognitive performance, increase natural energy, and support healthy aging. It's often used for brain fog, burnout, post-COVID recovery, and age-related fatigue.

## **KEY BENEFITS:**

# Increases Cellular Energy & Mitochondrial Health

Recharges your body's energy systems for better stamina and recovery.

# Improves Focus, Memory & Mental Clarity

Helps restore sharpness, alertness, and productivity — especially during fatigue.

# Supports DNA Repair & Longevity Pathways

Activates sirtuins and other anti-aging pathways linked to extended healthspan.

# Reduces Inflammation & Oxidative Stress

Helps protect cells from damage and supports healthy immune function.

#### 👗 Combats Burnout & Brain Fog

Many users report feeling clearer, calmer, and more energized after NAD+ support.

# **FAQS:**

#### Q: Is NAD+ a vitamin or a peptide?

**A:** NAD+ is technically a coenzyme — not a peptide — but it's often grouped with peptide therapy due to its powerful regenerative and cellular effects.

#### Q: Will I feel a difference right away?

**A:** Many pas notice a difference in energy and focus within 1–2 weeks. Others experience a more gradual improvement in brain function, stamina, and mood.

#### Q: How is NAD+ administered?

**A:** NAD+ is typically administered via injections or IV for best absorption and impact. Your provider will recommend the best method for your goals.

#### Q: Can it really help with aging?

**A:** Yes. NAD+ supports DNA repair, mitochondrial function, and metabolic efficiency — all of which are central to aging well and feeling younger, longer.



# PT-141 (BREMELANOTIDE)

ENHANCES LIBIDO, AROUSAL, AND SEXUAL SATISFACTION BY TARGETING THE BRAIN'S AROUSAL CENTERS — NOT JUST BLOOD FLOW.

### **OVERVIEW:**

PT-141 is a synthetic peptide originally developed to treat sexual dysfunction. Unlike medications like Viagra or Cialis, which act on blood vessels, PT-141 works directly in the brain by stimulating melanocortin receptors responsible for desire and arousal.

This means it doesn't just improve performance — it revives desire, increases responsiveness, and enhances the mind-body connection during intimacy. It's effective for both men and women and is especially helpful when sexual challenges are tied to stress, fatigue, or low libido rather than mechanical function.

### **KEY BENEFITS:**

#### Boosts Sexual Desire & Libido

Increases natural feelings of arousal and readiness in both men and women.

#### **b** Enhances Arousal & Sensitivity

Improves responsiveness and physical sensation.

#### Works on the Brain, Not Just the Body

Stimulates the central nervous system for deeper, more natural engagement.

#### 🌅 Improves Intimacy & Satisfaction

Often enhances emotional connection and confidence in sexual experiences.

#### Effective for Stress-Related or Low-Libido

#### Cases

Useful when performance challenges stem from fatigue, burnout. or low mood.

#### Q: Is this only for men?

**A:** Not at all — PT-141 is used successfully by both men and women to improve desire, arousal, and satisfaction.

#### Q: How fast does it work?

**A:** Effects are typically felt within 1–4 hours after dosing and can last for 6–12 hours depending on the individual.

#### Q: Is this safe to use regularly?

**A:** Yes. PT-141 is well tolerated and can be used as needed or as part of a regular sexual wellness protocol under medical supervision.

#### Q: Can I combine this with other therapies?

**A:** Yes. PT-141 can complement hormone therapy or PDE5 inhibitors for those needing both desire and performance support.

PT-141 HELPS REIGNITE DESIRE AND ENHANCE INTIMACY — BY WORKING WITH YOUR BRAIN AND BODY TO CREATE A MORE CONNECTED, FULFILLING EXPERIENCE.





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